



A million stars and a million tears

a New Greek Dance Adventure

Lesbos April 27 – May 7 2024

Join us to meet springtime in the dance between sky and sea, dance in sacred and healing places, discover ancient paths around you and in you. In April-May, the sun is warm and spring is at its most abundant, while the days can accommodate everything from spring coolness to lovely summer warmth. The Greek Orthodox Easter falls during our time here and we participate in the traditional celebration according to desire and need.

We move in new as well as traditional dances from many times and places, at Milelia, near Molyvos on the Greek island of Lesbos. We discover village life, we dance outdoors and indoors, at threshing places and in a labyrinth. We dance and enjoy the food of spring, the Easter food, at the tavern. We might do hikes on ancient paths and roads, by the sea and on mountains.



Lesbos is a large green island just 18 km from the coast of Turkey and has been a centre of myth, culture and history since prehistoric times.

We have ten days at the newly renovated Milelia, a seminar centre within walking distance to Molyvos village. At Milelia we have our octagon dance temple, our Haloa and our Labyrinth. There we have our pool with oxygen-saturated spring water without chlorine (like swimming in silk), there we sleep and there we have breakfast and maybe a few lunches.

Our intention is to enjoy Greece with all senses in dance and movement, culture, music, food, nature, sea... Among olive groves, poppies and a haven of wild flowers, in labyrinth and dance temple, on threshing grounds and on the horizon of the sea. We get 10 days to dance, hike, enjoy wonderful food, rest and move in many ways.

We will dance mornings and sometimes evenings. One day becomes a full rest day and maybe we'll go on a longer excursion another.

Guides to it all are Pia Lamberth and Sabine Neumann.

Pia has spent 30 years with dances from many times and cultures. She works with circle dance in many ways in seminars and workshops. Close to her heart is the legacy of patterns and stories that generations of dancers have carried to us over the millennia and which can also be found in modern circle dance choreographies. Pia's dance work is resonating from her various previous lives as, among other things, a literary researcher, teacher of analytical psychology and gardener.

Sabine gives workshops and courses in dance and creative writing and also works with music, both for circle dancing and as sound meditations. Her focus is on finding the quiet centre existing both in stillness and in movement. Sabine has been practicing aikido and meditation for more than 30 years and during our week she will lead the silent morning meditation for those who so wish. In addition, she loves cats and literature.



The course fee is a total of SEK 4000 including materials. It is paid in two installments. You pay SEK 1000 as a booking fee; instructions for payment will be sent as soon as you have registered and your place is not secured until it is paid. **This amount is not refundable in case of cancellation unless there is a waiting list or if the whole thing is cancelled.** We are responsible for considerable advances and expenses ourselves, so it is good idea to get a holiday insurance that can reimburse the costs if you fall ill and have to cancel your trip. The remaining SEK 3000 must be paid no later than February 1.

Accommodation is paid by you directly to Milelia once you are there. You book your own flight – we assist with advice and info. The easiest way is to take a flight to Athens and there change to Lesbos, the last bit is only 40 minutes. Many of us will probably fly the last bit together and we will be happy to help you with the bookings. More info about this when you sign up.

Lesbos is often called Mytilene or Mytilini on the travel booking sites



Your own costs in addition to course, accommodation and travel consist of other meals, at Milelia or in the village or self-fixed, some communal tavern visits and some bus trips.

Milelia's room rates include accommodation, sheets, towels, large breakfast every day, access to all the glories of Milelia such as spring water pool, labyrinth, outdoor dance area, dance octagon room, spring water for your water bottle...
All rooms have their own shower and toilet, and patio. Most rooms have a kettle and a refrigerator.

Shared room 10 days 550 euro Single room 700 euro

Small 2 Room Apartment (one bedroom)

2 persons 10 days 650 euros/person one person 800 euros

If you'd like to know more about the accommodation options, check out www.milelia-inselgarten.com for both pictures and other info.

The number of participants is limited so hurry up!

Registration (don't forget to tell your choice of room (a single room or share) and questions
to pia@pialamberth.se

Last day to register is February 1st – there may be places after that of course, but then we need to know that we are enough to carry out our adventure.

Please NOTE Cancellations unfortunately cannot be accepted later than this date and the registration fee cannot be refunded unless there is a queue. We are bound to the entire financial commitment.

